The Caring Connection
A Smock Senior Ministries Newsletter
Issue Number 212, June/July 2017

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A Message from Reverend William R. Haworth:

Hope this edition of the Caring Connection finds you well! The Summer Solstice is fast approaching—June 21 at 12:24 a.m. EDT—to be exact! On this day, we enjoy the longest day of light of the calendar year, and the Summer Season begins! The summer of 2017 presents 94 days of opportunity for adventure, fellowship, learning and relaxation! The SMOCK Senior Ministries Center does this as well through many of the upcoming programs, tours and outings which are highlighted on pages 3 and 4!

Please take a moment to read through this issue and note a few changes and additions to our normal SMOCK schedule regarding 3B and Presby-Day. Also, note the information regarding check payments to First Presbyterian Church for Smock outings and 3B materials.

Here’s wishing us all a safe and enjoyable summer! Shalom!

Summer 3B: Strap on Your Supportive Sneakers and Get Ready for the Summer 3B Session! Summer 3B begins on Monday, June 12, 2017 and ends on Friday, July 28, 2017. It’s a seven week session. We will meet on Monday, Wednesday and Friday from 1:30—2:30 p.m. (with the Walking Club beforehand from 1:00—1:25 p.m.) Instructors are Rev. Haworth, Shirley Sona and Rev. Luther Strasen. Please join us!
SMOCK Services
Below are services presently offered by the SMOCK Senior Ministries Center. For more information about these services and ministries, call 426-7421, ext. 132.

PRESBY-DAY:
A monthly gathering of Presbyterian senior adults and their friends for spiritual growth, education, fellowship, lunch and total life enrichment.

CARDS OF ENCOURAGEMENT, CONCERN & SUPPORT:
Call Lou Brickman, coordinator, at 969-7069.

H.E.L.P. (Health Equipment Lending Program):
Basic health care equipment is available for loan to Presbyterians, their families and friends, when needed.

FINANCIAL RESOURCES AND PLANNING:
Qualified persons are available to assist middle-aged and older adults with financial planning, government regulations, long-term care, and insurance matters.

TOURS & ENTERTAINMENT:
Periodic day trips, shows, and tours of longer duration for fellowship, education, and entertainment. Call Carolyn Linsenmayer, coordinator, at 434-4484 or the SMOCK office at 426-7421, ext. 132.

HANDYMAN SERVICES:
SMOCK helps Presbyterian seniors with minor maintenance and handyman services. Please call for more information.

EMAIL FOR SENIORS:
We invite all seniors, with all levels of computer experience, to learn how to email. During the class, you will create an email address—unless you already have one—and learn this fun-filled way to communicate with your friends and family. Please contact the SMOCK office at 426-7421 ext. 132 to reserve your spot in a class.

MEDICARE PRESCRIPTION “D” COUNSELING & ASSISTANCE:
We can help you go online to find the best Medicare Prescription “D” plans for your specific needs. We have a trained counselor who will guide you through the process. All you need is your current list of medications. Call the SMOCK office for an appointment. November is always the ideal time for reevaluation of your Medicare Prescription “D” Plan.

3B (Body·Brain·Belief)
A life-time fitness class geared toward flexibility, balance and strengthening of those muscles we use every day. The class meets on Monday, Wednesday and Friday afternoons, at 1:30 p.m. in McKay Hall. Come early and join the Walking Club, which walks from 1:00—1:25 p.m. All senior adults 50

continued on page 3
**SMOCK Services, continued**

**3B (Body·Brain·Belief), continued**

years and better are invited and welcome. Please contact the SMOCK office at 426-7421 ext. 132 to sign up.

**LIFE-LONG LEARNING CLASSES**

Lifelong learning class sessions are taught by professionals in their fields of expertise and are held over a period of 4 consecutive Tuesdays. Classes run for 1½ hours, begin at 10:30 a.m., and end at 12 noon; lunch is provided. Please contact the SMOCK office at 426-7421 ext. 132 for the schedule of classes and to reserve your spot.

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**Upcoming Events, continued**

<table>
<thead>
<tr>
<th>Date</th>
<th>Event Details</th>
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<tbody>
<tr>
<td>July 6</td>
<td>Presby-Day Task Force &amp; Caring Connection 10:00 a.m.</td>
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<tr>
<td>July 20</td>
<td>Presby-Day 10—1 p.m. “How Can We Keep from Singing” with Dr. Chelsea Vaught</td>
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<tr>
<td>August 1</td>
<td>TinCaps 12:05 p.m. game; $9.00</td>
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<tr>
<td>August 15</td>
<td>Forks of the Wabash Trip</td>
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<td><strong>No August Presby-Day</strong></td>
<td>Due to flooring replacement in McKay Hall</td>
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**News Flash:**

- September 13, Sechler’s Pickles & Spangler Candy Trip; $10
- October 12, *Sister Act* Amish Acres in Nappanee
- November 1, Christmas in Paradise Show at the Shipshewana Blue Gate Theater
- **Summer 3B (June 12 - July 28)**
  - Monday, Wednesday & Friday 1:30—2:30 p.m. (with Walking Club from 1:00—1:25 p.m.).
2017 Smock Shows, Tours & Trips

Money is to be turned in 1 month before each trip; please make checks payable to FIRST PRESBYTERIAN CHURCH and notate Smock Senior Ministries on the memo line. For more information and to make a reservation, please contact 426-7421 ext. 132.

- Thursday, June 22 – Footloose $45.00 Wagon Wheel; includes lunch. SMOCK-30 total; (leave at 11:00 a.m. from church, lunch at 11:45 a.m., show at 2:00 p.m.—John Current & Bill Sark, drivers)
- Thursday, July 6: 5:30, 6:30 and 7:30 p.m. trips of 10 people (lasting 45 minutes each) – Pontoon Tour on the St. Mary’s River with tour guide, Carolyn—$12 – SMOCK-30 total; Dave Bash, driver
- Tuesday, August 1 – TINCAPS - $9.00 - Game begins at 12:05 - SMOCK-30 total; meet at First Pres at 11:00 a.m. —Dave Bash, driver
- Wednesday, August 15 - Forks of the Wabash SMOCK-30 total $6.00 – Carolyn – Lunch at Nick’s in Huntington—John Current & Bill Sark, drivers
- Wednesday, September 13 – Sechler’s Pickles and Spangler candy – $10 SMOCK-30 total; (leave at 9:00 a.m. and return at 4:00 p.m.; John Current & Bill Sark, drivers)
- Thursday, October 12 – Sister Act – Amish Acres, Nappanee - $45.00 – SMOCK-30 total; (leave at 10:30 a.m., lunch at noon, show at 2:00 p.m.—John Current & Bill Sark, drivers)
- Wednesday, November 1 – Christmas in Paradise – Shipshewana Blue Gate Theater - $55.00 – SMOCK-30 total; (leave at 9:30 a.m., lunch at 11:00 a.m., show at 1:00 p.m.—John Current & Dave Bash, drivers)

SMOCK SPONSORED TRIPS

For the following trips, you will need to contact the individual travel groups directly to make your own reservations and payment arrangements:

S & S Travel 1-888-262-4423
- July 31—August 4 Eureka Springs – Great Passion Play – Arkansas
- December 9 – Yuletide celebration – Indianapolis

American Heritage 260-493-4124
- October 13 – Friday the 13th Mystery Tour - $79.00 - A well-kept secret is the focus of this tour. Your four leaf clover is not needed for the day! (lunch included)
- Wednesday, December 13 – Christmas at Beef & Boards in Indianapolis - $79.00 - This holiday season is celebrated with the theatre’s original production featuring beautiful costumes, heartwarming songs, dancing and Santa. (Lunch buffet is included).
Smock Senior Ministries Presents:

"PRESBY-DAY"

Thursday, June 15, 2017
(10:00 - 1:00 p.m.)
First Presbyterian Church, Fort Wayne

“Remembering the Holocaust”

by
Erin White, Biology and Anatomy/physiology Teacher, New Haven High School
New Haven, Indiana

Call 260-426-7421 ext. 132
with your reservation by 6/12/2017

Presby-Day is a monthly gathering
for spiritual growth, education, fellowship,
lunch and total life enrichment.
All Presbyterians over "50"
and their friends are invited.
Smock Senior Ministries Presents:

"PRESBY-DAY"

Thursday, July 20, 2017
(10:00 - 1:00 p.m.)
First Presbyterian Church, Fort Wayne

“How Can We Keep from Singing?”
Stories of Hymns We Love to Sing
by Dr. Chelsea Vaught

Call 260-426-7421 ext. 132 with your reservation by 7/17/2017

Presby-Day is a monthly gathering for spiritual growth, education, fellowship, lunch and total life enrichment. All Presbyterians over "50" and their friends are invited.
The Caring Connection

Additional Information Regarding SMOCK Programming

Regarding payments for SMOCK Tours and 3B Materials: Due to tightened banking regulations, all checks **MUST** be made out exactly to "First Presbyterian Church" or "FPC". No other variations will be accepted. The memo line should have the description of Smock Senior Ministries. When mailing checks for Smock events to the church, please address the envelope “Attn: Smock Senior Ministries Center”. If you have any questions, please contact the SMOCK office at 426-7421, ext. 132.

Summer 3B: Runs from Monday, June 12 through Friday, July 28, 2017. Please see the front cover for more details!

NO AUGUST PRESBY-DAY: Due to flooring installation in McKay Hall, there will be no August Presby-Day gathering. The September Presby-Day program will be on September 21 with Bill Patterson, Maintenance Mechanic Technician at First Presbyterian Church, presenting a program on Presbyterian Disaster Assistance.

This newsletter is also on the website of First Presbyterian Church.

Log onto [www.firstpres-fw.org](http://www.firstpres-fw.org)

select the EDUCATION and FELLOWSHIP tab, click on SENIORS, scroll down to CARING CONNECTION and click on the link.
The Caring Connection

June/July 2017

SMOCK 2017 Tour Event

Take Me Out to the Ball Game!
Fort Wayne TinCaps Game at Parkview Field!

Please join us on Tuesday, August 1 for a fun-filled Fort Wayne TinCaps Game! The TinCaps take on the Dayton Dragons. For more information, please see page 4 in this edition of the Caring Connection!