

The Caring Connection

A Smock Senior Ministries Newsletter

Issue Number 211, April/May 2017



Smock Senior Ministries, 300 West Wayne Street, Fort Wayne, IN 46802
260-426-7421 · firstpres-fw.org

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A Message from Reverend William R. Haworth:

As we are creating this edition of the *Caring Connection*, March Madness is upon us. Brackets have been created, updated, and upsets—most of the time more exciting, than upsetting!—have been recorded as we continue on the journey to the Final Four Tournament. But, there is another, more important, journey upon us as well—the Lenten journey.

Lent is a time of renewal, reflection, transformation, contemplation; a time for growing closer to Christ, which ultimately ends with a joyful celebration on Easter Sunday. Jesus suffered, died, was buried and rose for all of us just as promised by God.

Those of us who are lucky enough to be 50 years of age or better are on another journey—the aging journey. This journey is full of challenges and changes that can be kind of scary, exciting, sometimes memorable and sometimes forgettable. The SMOCK Senior Ministries Center offers several faith-based programs and services to support and encourage those Presbyterians who are on this aging process journey. The *Caring Connection* keeps us informed and up-to-date on the various opportunities that are available and reminds us that we are all in this together! Hope your Lenten and aging process journeys are both filled with much joy and peace!

Inside this issue:	
SMOCK SERVICES	2
SMOCK SERVICES, CONTINUED & UPCOMING EVENTS	3
SMOCK SHOWS, TRIPS & TOURS	4
APRIL PRESBY-DAY PROGRAM	5
MAY PRESBY-DAY PROGRAM	6
3B INFORMATION	7



Bad Weather Cancellations: Remember all SMOCK programming that is held at First Presbyterian Church, Fort Wayne, is cancelled whenever **Fort Wayne Community Schools** has cancelled classes for the day; delays do NOT affect SMOCK programs. Please use your best judgment, when deciding whether to venture out on bad weather days.

SMOCK Services

Below are services presently offered by the SMOCK Senior Ministries Center. **For more information about these services and ministries, call 426-7421, ext. 132.**

PRESBY-DAY:

A monthly gathering of Presbyterian senior adults and their friends for spiritual growth, education, fellowship, lunch and total life enrichment.

CARDS OF ENCOURAGEMENT, CON-ERN & SUPORT:

Call Lou Brickman, coordinator, at 969-7069.

H.E.L.P. (Health Equipment Lending Program):

Basic health care equipment is available for loan to Presbyterians, their families and friends, when needed.

FINANCIAL RESOURCES AND PLAN-NING:

Qualified persons are available to assist middle-aged and older adults with financial planning, government regulations, long-term care, and insurance matters.

TOURS & ENTERTAINMENT:

Periodic day trips, shows, and tours of longer duration for fellowship, education, and entertainment. Call Carolyn Linsenmayer, coordinator, at 434-4484 or the SMOCK office at 426-7421, ext. 132.

HANDYMAN SERVICES:

SMOCK helps Presbyterian seniors with minor maintenance and handyman services. Please call for more information.

EMAIL FOR SENIORS:

We invite all seniors, with all levels of computer experience, to learn how to email. During the class, you will create an email address—unless you already have one—and learn this fun-filled way to communicate with your friends and family. Please contact the SMOCK office at 426-7421 ext. 132 to reserve your spot in a class.

MEDICARE PRESCRIPTION "D" COUNSELING & ASSISTANCE:

We can help you go online to find the best Medicare Prescription "D" plans for your specific needs. We have a trained counselor who will guide you through the process. All you need is your current list of medications. Call the SMOCK office for an appointment. November is always the ideal time for reevaluation of your Medicare Prescription "D" Plan.

3B (Body·Brain·Belief)

A life-time fitness class geared toward flexibility, balance and strengthening of those muscles we use every day. The class meets on Monday, Wednesday and Friday afternoons, at 1:30 p.m. in McKay Hall. Come early and join the Walking Club, which walks from 1:00—1:25 p.m. All senior adults 50

continued on page 3

SMOCK Services, continued

3B (Body·Brain·Belief), continued

years and better are invited and welcome. Please contact the SMOCK office at 426-7421 ext. 132 to sign up.

LIFE-LONG LEARNING CLASSES

Lifelong learning class sessions are taught by professionals in their fields of expertise and are held over a period of 4 consecutive Tuesdays. Classes run for 1½ hours, begin at 10:30 a.m., and end at 12 noon; lunch is provided. Please contact the SMOCK office at 426-7421 ext. 132 for the schedule of classes and to reserve your spot.



- April 7 & 8 First Presbyterian Church Garage Sale; Friday 9—4 p.m. & Saturday 9—2 p.m.
- April 19 SMOCK trip to ARK ENCOUNTER; \$69 American Heritage
- April 20 Presby-Day 10—1 p.m. "Birds, Birds, Birds" by Warren Mead
- May 4 Task Force
- May 18 Presby-Day 10—1 p.m. "India Mission Trip" by Doug Vogel

Upcoming Events, continued

- May 19 3B Ends
- May 31 TinCaps 11:05 a.m. game; \$9.00
- June 1 Task Force & Caring Connection 10:00 a.m.
- June 9—11 3B Training at Faith Presbyterian Church in Indianapolis
- June 15 Presby-Day 10—1 p.m. "Get to Know the New Northeast Indiana Presbyterian Ministers!"
- June 22 SMOCK trip to Warsaw, Wagon Wheel Theatre for production of "FootLoose"

News Flash:

- September 13, Sechler's Pickles & Spangler Candy Trip; \$10
- 3B weekly Monday, Wednesday & Friday 1:30—2:30 p.m. (with Walking Club from 1:00—1:25 p.m.). **No 3B at First Presbyterian, Monday, April 3—Friday, April 14; classes resume on Monday, April 17.** *You can go to 3B at Grace Presbyterian Church, Fairhill Road, during our 2 week vacation!*



2017 Smock Shows, Tours & Trips

Money is to be turned in 1 month before each trip; please make checks payable to SMOCK. For more information and to make a reservation, please contact 426-7421 ext. 132.

- Wednesday, April 19 – Ark Encounter—\$69.00 - Witness this full-sized, all-wood, 3 story ark! The grounds include a walled city, the tower of Babel, a first century Middle Eastern Village, parting of the Red Sea. Dining on your own. American Heritage (leave at 6:30 a.m. from Rural King, 7:00 a.m. Meijer, Lima Road; return at 9:30 p.m.)
- Wednesday, May 31 - TINCAPS - \$9.00 - Game begins at 11:05 - SMOCK-30 total; meet at First Pres at 10:00 a.m.—Dave Bash, driver
- Thursday, June 22 – Footloose \$45.00 Wagon Wheel; includes lunch. SMOCK-30 total; (leave at 11:00 a.m. from church, lunch at 11:45 a.m., show at 2:00 p.m.—John Current & Bill Sark, drivers)
- Thursday, July 6: 5:30, 6:30 and 7:30 p.m. trips of 10 people (lasting 45 minutes each) – Pontoon Tour on the St. Mary’s River with tour guide, Carolyn—\$12 - SMOCK-30 total; Dave Bash, driver
- Tuesday, August 1 – TINCAPS - \$9.00 - Game begins at 12:05 - SMOCK-30 total; meet at First Pres at 11:00 a.m.—Dave Bash, driver
- Wednesday, August 15 - Forks of Wabash SMOCK-30 total \$6.00 – Carolyn – Lunch at Nick’s in Huntington—John Current & Bill Sark, drivers
- Wednesday, September 13 – Sechler’s Pickles and Spangler candy – \$10 SMOCK-30 total; (leave at 9:00 a.m. and return at 4:00 p.m.; John Current & Bill Sark, drivers)
- Thursday, October 12 – Sister Act – Amish Acres, Nappanee - \$45.00 – SMOCK-30 total; (leave at 10:30 a.m., lunch at noon, show at 2:00 p.m.—John Current & Bill Sark, drivers)
- Wednesday, November 1 – Christmas in Paradise – Shipshewana Blue Gate Theater - \$55.00 – SMOCK-30 total; (leave at 9:30 a.m., lunch at 11:00 a.m., show at 1:00 p.m.—John Current & Dave Bash, drivers)

SMOCK SPONSORED TRIPS

For the following trips, you will need to contact the individual travel groups directly to make your own reservations and payment arrangements:

S & S Travel 1-888-262-4423

- July 31—August 4 Eureka Springs – Great Passion Play – Arkansas
- December 9 – Yuletide celebration – Indianapolis

American Heritage 260-493-4124

- October 13 – Friday the 13th Mystery Tour - \$79.00 - A well-kept secret is the focus of this tour. Your four leaf clover is not needed for the day! (lunch included)
- Wednesday, December 13 – Christmas at Beef & Boards in Indianapolis - \$79.00 - This holiday season is celebrated with the theatre’s original production featuring beautiful costumes, heartwarming songs, dancing and Santa. (Lunch buffet is included).

Smock Senior Ministries Presents:



"PRESBY-DAY"

Thursday, April 20, 2017

(10:00 - 1:00 p.m.)

First Presbyterian Church, Fort Wayne

"Birds, Birds, Birds"



with Warren Mead



Call 260-426-7421 ext. 132

with your reservation by 4/17/2017

*Presby-Day is a monthly gathering
for spiritual growth, education, fellowship,
lunch and total life enrichment.*

*All Presbyterians over "50" and
their friends are invited.*



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Smock Senior Ministries Presents:

"PRESBY-DAY"

Thursday, May 18, 2017
(10:00 - 1:00 p.m.)

First Presbyterian Church, Fort Wayne

"India Mission Trip"



*Presented by Rev. Doug Vogel,
Chaplain,
The Towne House
Retirement Community*

Call 260-426-7421 ext. 132

with your reservation by 5/15/2017

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for spiritual growth, education, fellowship,
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Information Regarding 3B Vacation

Dear Friends:

Please find the following information related to our 3B Program.

No 3B:

Monday, April 3—Friday, April 10, 2017 due to the Annual Church Garage Sale at First Presbyterian

No 3B:

Monday, April 10—Friday, April 14, 2017 due to Holy Week

Classes resume on Monday, April 17, 2017 and continue through Friday, May 19, 2017

During the 2-week vacation, you may attend classes at Grace Presbyterian Church, 1811 Fairhill Road, Fort Wayne, In 46808. **Classes are held on Monday, Wednesday and Thursday from 10:30—11:30 a.m.** The classes meet in the upstairs fellowship room. The church does have an elevator! Instructors are Tammy Menkes and Nancy Current. I will be there as well!!!

Shalom...

Reverend William R. Haworth

Reverend William R. Haworth

This newsletter is also on the website of First Presbyterian Church.

Log onto www.firstpres-fw.org

select the EDUCATION and FELLOWSHIP tab, click on SENIORS, scroll down to CARING CONNECTION and click on the link.

The Caring Connection

FIRST PRESBYTERIAN CHURCH
SMOCK SENIOR MINISTRIES
300 West Wayne Street
Fort Wayne, IN 46802

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April/May 2017



SMOCK 2017 Tour Event

**Take Me Out to the Ball Game!
Two Fort Wayne TinCaps
Games at Parkview Field!**

Please join us on Wednesday, May 31, and Tuesday, August 1 for two fun-filled Fort Wayne TinCaps Games! On May 31, the TinCaps take on the Bowling Green Hot Rods; on August 1, they take on the Dayton Dragons. For more information, please see page 4 in this edition of the *Caring Connection*!

